



40-DAY CONSECRATION

A G.R.O.W. M.E. Spiritual Growth Journey

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Hey My Judah Family,

This season is more than a devotional journey; it is a time of consecration.

For the next 40 days, we are choosing intentional growth as we move toward Resurrection Sunday. While we walk together as a church family, this is also a personal consecration between you and God, focusing on how you grow closer in your relationship with Him.

These pages are not about perfection, but reflection, not about routine, but renewal. Through G.R.O.W. M.E., we are committing to:

- Grow in gratitude
- Remain resilient
- Open-mindedness
- Win with grace
- Move with maturity
- Empowered to elevate

Take your time, be honest, and lean in. Allow God to shape you during this season. Let these 40 days prepare you not just to celebrate the resurrection, but to live it.

Let's GROW together.

Expect The Great,
Pastor Scot C. Moore

WEEK 1 – GROW IN GRATITUDE

DAY 1 – Wednesday February 25

Scripture: Psalm 100:4 AMP

Enter His gates with a song of thanksgiving And His courts with praise. Be thankful to Him, bless and praise His name.

Meditation

Gratitude begins consecration because thanksgiving resets perspective. Before asking for change, we acknowledge what God has already done. Gratitude grounds us and guards our hearts from entitlement.

Reflection

What has God already done that I have overlooked?

Where have I focused more on what is missing than what is present?

What specific blessing will I thank God for today?

WEEK 1 – GROW IN GRATITUDE
DAY 2 – Thursday February 26

Scripture: 1 Thessalonians 5:18 AMP

in every situation [no matter what the circumstances] be thankful and continually give thanks to God; for this is the will of God for you in Christ Jesus.

Meditation

Gratitude in every circumstance does not deny difficulty; it declares trust. Thanksgiving builds spiritual stability.

Reflection

What challenge can I thank God for today?

What lesson may be hidden in this season?

How can gratitude shift my mood today?

WEEK 1 – GROW IN GRATITUDE

DAY 3 – Friday February 27

Scripture: James 1:17 AMP

Every good thing given and every perfect gift is from above; it comes down from the Father of lights [the Creator and Sustainer of the heavens], in whom there is no variation [no rising or setting] or shadow cast by His turning [for He is perfect and never changes].

Meditation

Every good gift comes from God. Recognizing the source keeps us humble and aware.

Reflection

What gift have I normalized?

Who has been a blessing to me recently?

How can I express gratitude outwardly?

WEEK 1 – GROW IN GRATITUDE
DAY 4 – Saturday February 28

Scripture: Psalm 103:2 AMP

Bless and affectionately praise the LORD, O my soul, And do not forget any of His benefits;

Meditation

Memory fuels gratitude. Rehearsing God’s faithfulness builds confidence.

Reflection

What benefit of God have I forgotten?

Where has He protected me?

How does remembering strengthen me?

WEEK 1 – GROW IN GRATITUDE
DAY 5 – Sunday March 1

Scripture: Colossians 3:15 AMP

Let the peace of Christ [the inner calm of one who walks daily with Him] be the controlling factor in your hearts [deciding and settling questions that arise]. To this peace indeed you were called as members in one body [of believers]. And be thankful [to God always].

Meditation

Peace grows where gratitude lives. A thankful heart calms anxiety.

Reflection

What is disturbing my peace?

How can gratitude restore calm?

What blessing exists in this moment?

WEEK 1 – GROW IN GRATITUDE
DAY 6 – Monday March 2

Scripture: Luke 17:15–16 AMP

One of them, when he saw that he was healed, turned back, glorifying and praising and honoring God with a loud voice; ¹⁶ and he lay face downward at Jesus' feet, thanking Him [over and over]. He was a Samaritan.

Meditation

Only one returned to give thanks. Gratitude distinguishes the spiritually aware.

Reflection

Have I returned to say thank you?

What miracle have I normalized?

What gratitude action will I take today?

WEEK 1 – GROW IN GRATITUDE
DAY 7 – Tuesday March 3

Scripture: Psalm 118:24 AMP

This [day in which God has saved me] is the day which the LORD has made; Let us rejoice and be glad in it.

Meditation

Today is a gift. Gratitude anchors us in the present.

Reflection

How can I rejoice intentionally today?

What opportunity is before me?

How will I choose joy?

WEEK 2 – REMAIN RESILIENT
DAY 8 – Wednesday March 4

Scripture: Romans 5:3–4 AMP

And not only this, but [with joy] let us exult in our sufferings and rejoice in our hardships, knowing that hardship (distress, pressure, trouble) produces patient endurance; ⁴ and endurance, proven character (spiritual maturity); and proven character, hope and confident assurance [of eternal salvation].

Meditation

Pressure produces perseverance. Perseverance builds character.

Reflection

What pressure am I facing?

What strength is forming?

How can I endure faithfully?

WEEK 2 – REMAIN RESILIENT
DAY 9 – Thursday March 5

Scripture: James 1:2–3 AMP

Consider it nothing but joy, my brothers and sisters, whenever you fall into various trials. ³ Be assured that the testing of your faith [through experience] produces endurance [leading to spiritual maturity, and inner peace].

Meditation

Joy in trials reflects confidence that God is shaping us.

Reflection

What trial am I resisting?

What is God producing?

How can I remain steady?

WEEK 2 – REMAIN RESILIENT
DAY 10 – Friday March 6

Scripture: Psalm 66:12 AMP

Consider it nothing but joy, my brothers and sisters, whenever you fall into various trials. ³ Be assured that the testing of your faith [through experience] produces endurance [leading to spiritual maturity, and inner peace].

Meditation

We went through fire and water — through, not to. Resistance is passage, not permanence.

Reflection

What fire have I survived?

What waters did not drown me?

Where is God bringing me out?

WEEK 2 – REMAIN RESILIENT
DAY 11 – Saturday March 7

Scripture: 2 Corinthians 4:8–9 AMP

We are pressured in every way [hedged in], but not crushed; perplexed [unsure of finding a way out], but not driven to despair; ⁹ hunted down and persecuted, but not deserted [to stand alone]; struck down, but never destroyed;

Meditation

Pressed but not crushed. Resilience means remaining standing.

Reflection

Where do I feel pressed?

What proves I am not defeated?

How is God sustaining me?

WEEK 2 – REMAIN RESILIENT
DAY 12 – Sunday March 8

Scripture: Isaiah 43:2 AMP

“When you pass through the waters, I will be with you; And through the rivers, they will not overwhelm you. When you walk through fire, you will not be scorched, Nor will the flame burn you.

Meditation

God promises presence in the fire and water.

Reflection

Where do I need reassurance?

How has God shown up before?

What promise comforts me today?

WEEK 2 – REMAIN RESILIENT
DAY 13 – Monday March 9

Scripture: Hebrews 12:11 AMP

For the time being no discipline brings joy, but seems sad and painful; yet to those who have been trained by it, afterwards it yields the peaceful fruit of righteousness [right standing with God and a lifestyle and attitude that seeks conformity to God's will and purpose].

Meditation

Discipline feels painful but produces fruit.

Reflection

What correction feels hard?

What fruit may come from it?

How can I embrace growth?

WEEK 2 – REMAIN RESILIENT
DAY 14 – Tuesday March 10

Scripture: Galatians 6:9 AMP

Let us not grow weary or become discouraged in doing good, for at the proper time we will reap, if we do not give in.

Meditation

Do not grow weary in doing good.

Reflection

Where am I tempted to quit?

What promise keeps me going?

How can I stay faithful?

WEEK 3 – OPEN YOUR MIND
DAY 15 – Wednesday March 11

Scripture: Proverbs 3:5–6 AMP

*Trust in and rely confidently on the LORD with all your heart
And do not rely on your own insight or understanding. In all your
ways know and acknowledge and recognize Him, And He will
make your paths straight and smooth [removing obstacles that
block your way].*

Meditation

Trusting God requires releasing control.

Reflection

Where am I leaning on my own understanding?

What would surrender look like?

What direction might God reveal?

WEEK 3 – OPEN YOUR MIND

DAY 16 – Thursday March 12

Scripture: Isaiah 55:8–9 AMP

“For My thoughts are not your thoughts, Nor are your ways My ways,” declares the LORD. “For as the heavens are higher than the earth, So are My ways higher than your ways And My thoughts higher than your thoughts.

Meditation

God’s thoughts are higher — not to confuse us, but to stretch us. Growth requires mental flexibility. Sometimes spiritual maturity is simply the willingness to admit that God’s way may not look like ours. Open-mindedness is not weakness; it is wisdom.

Reflection

Where might I be limiting God with my assumptions?

What belief might God be challenging in me?

What would it look like to trust God beyond my logic?

WEEK 3 – OPEN YOUR MIND
DAY 17 – Friday March 13

Scripture: Romans 12:2 AMP

And do not be conformed to this world [any longer with its superficial values and customs], but be transformed and progressively changed [as you mature spiritually] by the renewing of your mind [focusing on godly values and ethical attitudes], so that you may prove [for yourselves] what the will of God is, that which is good and acceptable and perfect [in His plan and purpose for you].

Meditation

Transformation begins in the mind. When thinking changes, living changes. Consecration invites mental renewal.

Reflection

What recurring thought needs to be renewed?

What truth replaces it?

What mental habit must I release?

WEEK 3 – OPEN YOUR MIND
DAY 18 – Saturday March 14

Scripture: Proverbs 4:7 AMP

“The beginning of wisdom is: Get [skillful and godly] wisdom [it is preeminent]! And with all your acquiring, get understanding [actively seek spiritual discernment, mature comprehension, and logical interpretation].

Meditation

Wisdom protects the future. Growth requires learning beyond comfort.

Reflection

Where do I need wisdom?

Who can mentor me?

What lesson am I resisting?

WEEK 3 – OPEN YOUR MIND
DAY 19 – Sunday March 15

Scripture: James 1:5 AMP

If any of you lacks wisdom [to guide him through a decision or circumstance], he is to ask of [our benevolent] God, who gives to everyone generously and without rebuke or blame, and it will be given to him.

Meditation

God gives wisdom generously. Asking requires humility.

Reflection

Have I sincerely asked God for clarity?

What decision needs prayerful thinking?

How can I slow down before reacting?

WEEK 3 – OPEN YOUR MIND
DAY 20 – Monday March 16

Scripture: Philippians 4:8 AMP

Finally, believers, whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God's word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable and of good repute; if there is any excellence, if there is anything worthy of praise, think continually on these things [center your mind on them, and implant them in your heart].

Meditation

What you focus on forms you. Discipline your thoughts.

Reflection

What negative focus must I redirect?

What is pure and worthy of praise today?

How can I practice mental discipline?

WEEK 4 – WIN WITH GRACE
DAY 21 – Tuesday March 17

Scripture: Colossians 4:6 AMP

Let your speech at all times be gracious and pleasant, seasoned with salt, so that you will know how to answer each one [who questions you].

Meditation

Winning with grace means speaking with seasoning, not sarcasm.

Reflection

Where has my tone needed adjustment?

How can I speak with kindness today?

What conversation requires grace?

WEEK 4 – WIN WITH GRACE
DAY 22 – Wednesday March 18

Scripture: Luke 6:27 AMP

*But I say to you who hear [Me and pay attention to My words]:
Love [that is, unselfishly seek the best or higher good for] your
enemies, [make it a practice to] do good to those who hate you,*

Meditation

Grace is strongest when extended to the difficult.

Reflection

Who challenges my patience?

What does grace look like in that relationship?

How can I respond instead of react?

WEEK 4 – WIN WITH GRACE
DAY 23 – Thursday March 19

Scripture: Micah 6:8 AMP

He has told you, O man, what is good; And what does the Lord require of you Except to be just, and to love [and to diligently practice] kindness (compassion), And to walk humbly with your God [setting aside any overblown sense of importance or self-righteousness]?

Meditation

Justice, mercy, humility — grace balances strength with compassion.

Reflection

Where do I need humility?

How can I practice mercy today?

What action honors justice?

WEEK 4 – WIN WITH GRACE
DAY 24 – Friday March 20

Scripture: Proverbs 16:18 AMP

Pride goes before destruction, And a haughty spirit before a fall.

Meditation

Pride ruins progress. Grace protects growth.

Reflection

Where has pride surfaced?

What correction must I accept?

How will I remain teachable?

WEEK 4 – WIN WITH GRACE
DAY 25 – Saturday March 21

Scripture: Philippians 2:3 AMP

Do nothing from selfishness or empty conceit [through factional motives, or strife], but with [an attitude of] humility [being neither arrogant nor self-righteous], regard others as more important than yourselves.

Meditation

Winning with grace means valuing others.

Reflection

How can I elevate someone else today?

Where have I centered myself too much?

What does selflessness require?

WEEK 4 – WIN WITH GRACE
DAY 26 – Sunday March 22

Scripture: 2 Timothy 2:5 AMP

And if anyone competes as an athlete [in competitive games], he is not crowned [with the wreath of victory] unless he competes according to the rules.

Meditation

Winning rightly matters more than winning quickly.

Reflection

Am I competing or cooperating?

What shortcut tempts me?

How will I win with integrity?

WEEK 5 – MOVE WITH MATURITY
DAY 27 – Monday March 23

Scripture: Ephesians 4:15 AMP

But speaking the truth in love [in all things—both our speech and our lives expressing His truth], let us grow up in all things into Him [following His example] who is the Head—Christ.

Meditation

Truth must travel with love.

Reflection

Where must I speak truth?

How can I ensure love guides it?

What conversation requires maturity?

WEEK 5 – MOVE WITH MATURITY
DAY 28 – Tuesday March 24

Scripture: 1 Corinthians 13:11 AMP

When I was a child, I talked like a child, I thought like a child, I reasoned like a child; when I became a man, I did away with childish things.

Meditation

Maturity means releasing childish patterns.

Reflection

What immature habit must I outgrow?

What triggers childish responses?

What adult discipline replaces it?

WEEK 5 – MOVE WITH MATURITY
DAY 29 – Wednesday March 25

Scripture: Hebrews 5:14 AMP

But solid food is for the [spiritually] mature, whose senses are trained by practice to distinguish between what is morally good and what is evil.

Meditation

Discernment develops through practice.

Reflection

Where do I need sharper discernment?

What experience has trained me?

What must I avoid repeating?

WEEK 5 – MOVE WITH MATURITY
DAY 30 – Thursday March 26

Scripture: James 1:19 AMP

Understand this, my beloved brothers and sisters. Let everyone be quick to hear [be a careful, thoughtful listener], slow to speak [a speaker of carefully chosen words and], slow to anger [patient, reflective, forgiving];

Meditation

Listening reflects maturity.

Reflection

Where have I spoken too quickly?

What would active listening change?

How can I slow my responses?

WEEK 5 – MOVE WITH MATURITY
DAY 31 – Friday March 27

Scripture: Proverbs 4:23 AMP

Watch over your heart with all diligence, For from it flow the springs of life.

Meditation

Guard your heart; maturity protects inner life.

Reflection

What drains my emotional health?

What boundaries do I need?

How can I protect my peace?

WEEK 5 – MOVE WITH MATURITY

DAY 32 – Saturday March 28

Scripture: 2 Peter 3:18 AMP

but grow [spiritually mature] in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be glory (honor, majesty, splendor), both now and to the day of eternity. Amen.

Meditation

Growth is continuous, not seasonal.

Reflection

Where have I stagnated?

What next level is God inviting me into?

What commitment strengthens growth?

WEEK 5 – MOVE WITH MATURITY
DAY 33 – Sunday March 29

Scripture: Matthew 7:24 AMP

So everyone who hears these words of Mine and acts on them, will be like a wise man [a far-sighted, practical, and sensible man] who built his house on the rock.

Meditation

Build wisely. Foundations matter.

Reflection

What foundation am I building on?

What cracks need attention?

What daily discipline secures stability?

WEEK 6 – EMPOWERED TO ELEVATE
DAY 34 – Monday March 30

Scripture: Isaiah 43:19 AMP

Listen carefully, I am about to do a new thing, Now it will spring forth; Will you not be aware of it? I will even put a road in the wilderness, Rivers in the desert.

Meditation

God does new things. Stay expectant.

Reflection

What new possibility excites me?

What fear limits forward movement?

How can I step boldly?

WEEK 6 – EMPOWERED TO ELEVATE
DAY 35 – Tuesday March 31

Scripture: Philippians 3:13–14 AMP

Brothers and sisters, I do not consider that I have made it my own yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, ¹⁴ I press on toward the goal to win the [heavenly] prize of the upward call of God in Christ Jesus.

Meditation

Forget what is behind. Press forward.

Reflection

What past weight must I release?

What goal lies ahead?

How will I pursue it?

WEEK 6 – EMPOWERED TO ELEVATE
DAY 36 – Wednesday April 1

Scripture: Joshua 1:9 AMP

Have I not commanded you? Be strong and courageous! Do not be terrified or dismayed (intimidated), for the Lord your God is with you wherever you go.”

Meditation

Courage fuels elevation.

Reflection

Where do I need courage?

What promise strengthens me?

What action requires boldness?

WEEK 6 – EMPOWERED TO ELEVATE
DAY 37 – Thursday April 2

Scripture: Ephesians 3:20

Now to Him who is able to [carry out His purpose and] do super-abundantly more than all that we dare ask or think [infinitely beyond our greatest prayers, hopes, or dreams], according to His power that is at work within us,

Meditation

God exceeds expectations.

Reflection

What dream feels too big?

How might God exceed it?

What limitation must I remove?

WEEK 6 – EMPOWERED TO ELEVATE
DAY 38 – Friday April 3

Scripture: Acts 1:8 AMP

But you will receive power and ability when the Holy Spirit comes upon you; and you will be My witnesses [to tell people about Me] both in Jerusalem and in all Judea, and Samaria, and even to the ends of the earth.”

Meditation

Power comes for purpose.

Reflection

What assignment am I empowered for?

Where can I influence positively?

How will I steward power responsibly?

WEEK 6 – EMPOWERED TO ELEVATE
DAY 39 – Saturday April 4

Scripture: Matthew 5:16 AMP

Let your light shine before men in such a way that they may see your good deeds and moral excellence, and [recognize and honor and] glorify your Father who is in heaven.

Meditation

Elevation is not ego — it is example.

Reflection

How can my life shine?

Who is watching my example?

How can I reflect light today?

WEEK 6 – EMPOWERED TO ELEVATE
DAY 40 – Sunday April 5

Scripture: 2 Corinthians 5:17 AMP

Therefore if anyone is in Christ [that is, grafted in, joined to Him by faith in Him as Savior], he is a new creature [reborn and renewed by the Holy Spirit]; the old things [the previous moral and spiritual condition] have passed away. Behold, new things have come [because spiritual awakening brings a new life].

Meditation

Forty days changes you. You are not who you were. Consecration reshapes character. Growth continues beyond this season.

Reflection

What growth have I experienced?

What discipline will I maintain

How am I empowered to elevate moving forward?

Prayer

Lord, continue shaping me
beyond this consecration.